

Jeff Davidson, MBA, CMC

Jeff helps organizations overcome the relentless burden of information and communication overload.



[Speaker Request Form](#)

Program Titles:

- Managing Information and Communication Overload
- Prospering in a World of Rapid Change
- Handling Information and Communication Overload
- Managing Multiple Priorities: Guide to Getting Things Done
- Managing Information Overload
- How To Manage Multiple Priorities
- How to Create More Space and Time In Your Life: Joy of Simple Living
- Choosing When It's Confusing: How to Make Decisions More Effectively
- Burn-out: Breathing Space
- Managing the Pace With Grace

Jeff Davidson helps individuals and organizations flourish in spite of the crush of information, new technology, and the rapid change that they face, focusing on simple but powerful techniques to remain balanced and happy while staying productive and competitive. He is known for his extraordinarily high content, quick wit, and inspirational style.

He's received 850 letters of praise from meeting professionals and audience members.

Jeff Davidson speaking about achieving work-life balance to clients such as Kaiser Permanente, IBM, American Express, Lufthansa, Swissotel, AOL, Re/Max, USAA, D.O.E. and the World Bank.

Widely quoted in USA Today, The Washington Post, The New York Times, and Investor's Business Daily.

Davidson is the author of the popular book series, The 60 Second Innovator, The 60 Second Organizer, and The 60 Second Self-Starter

Books by Jeff Davidson include:

- Breathing Space: Living & Working...in a Sped-Up Society
- The 60 Second Organizer: Sixty solid techniques for beating chaos at home and at work